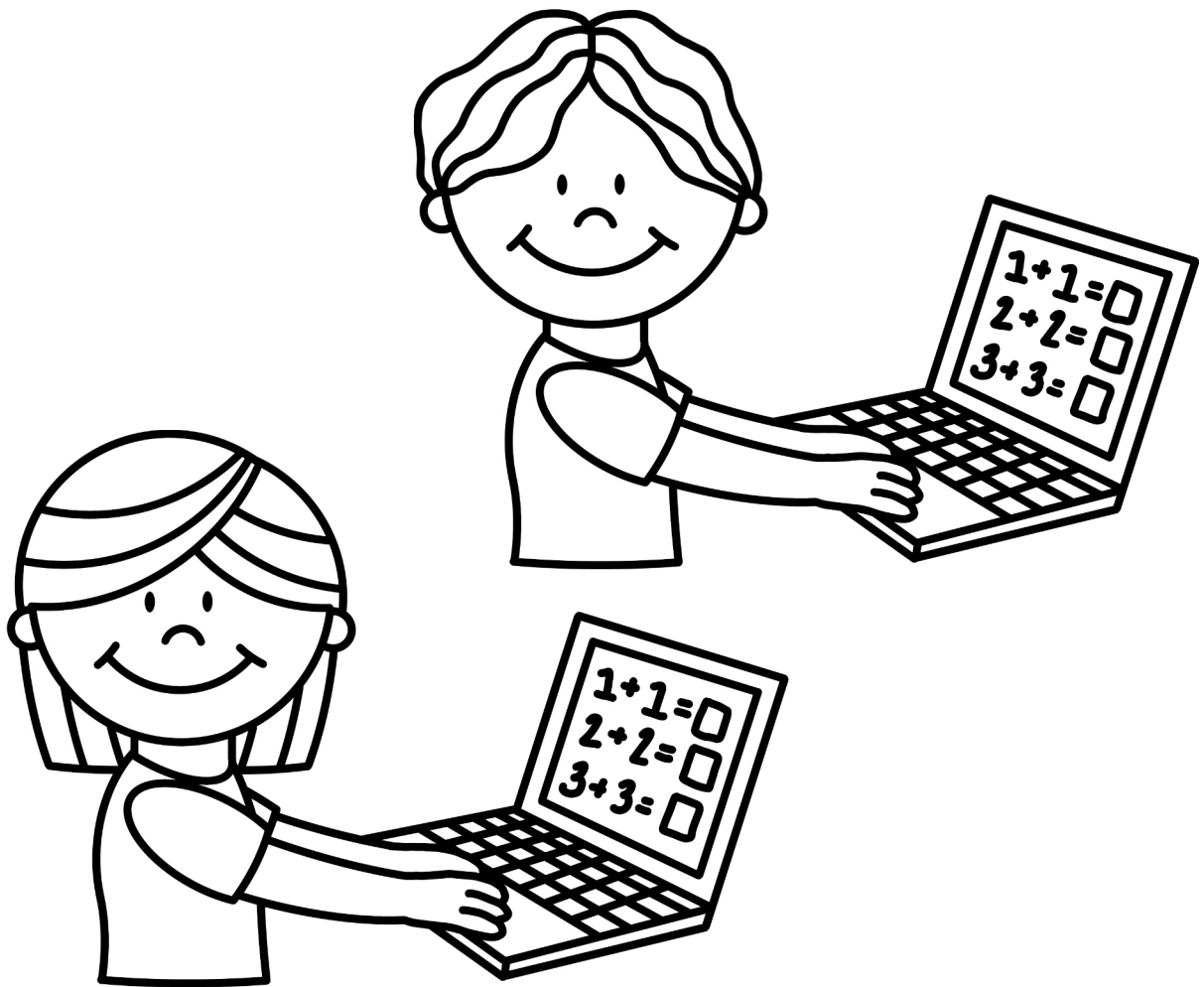


# E-Learning

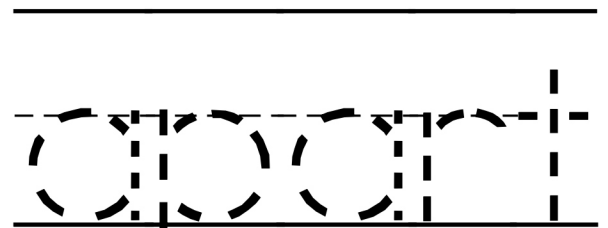
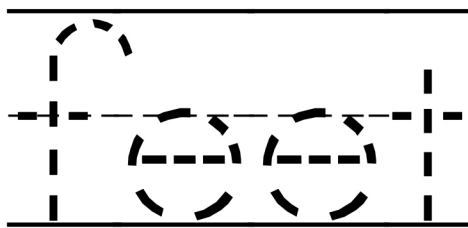
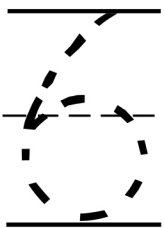
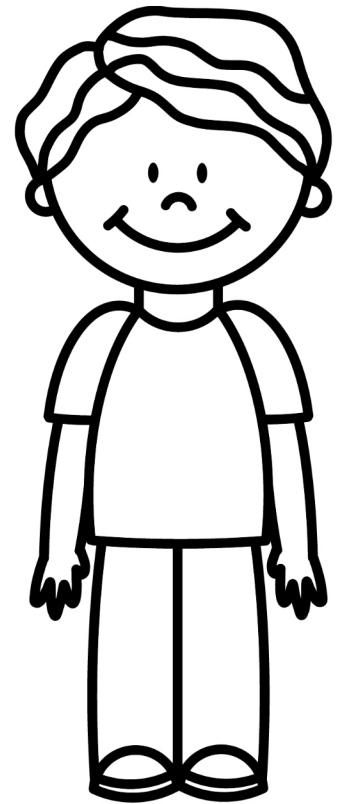
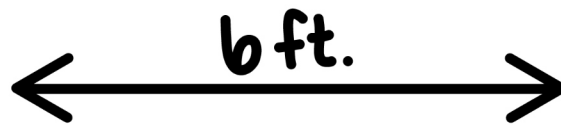
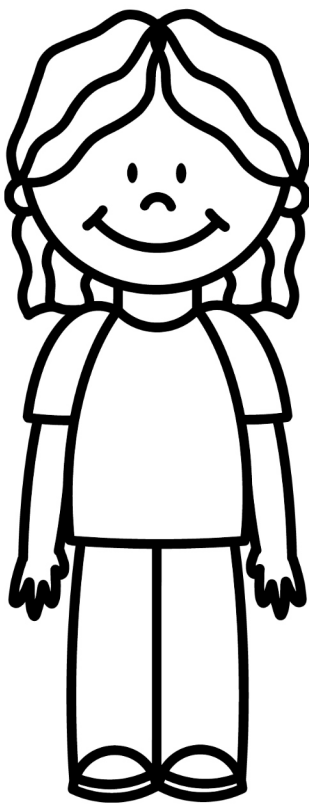
E-learning is a learning system that is through the internet using an electronic device. It's also called online learning or online education.



E-Learning

# 6 feet apart

When someone coughs or sneezes, small drops of liquid are sprayed out. If you're standing too close, you can breathe them in. If the person coughing is infected, the droplets could contain the coronavirus. Six feet is just far enough to be out of reach.



# cover your cough

Covering your cough helps stop the spread of germs.



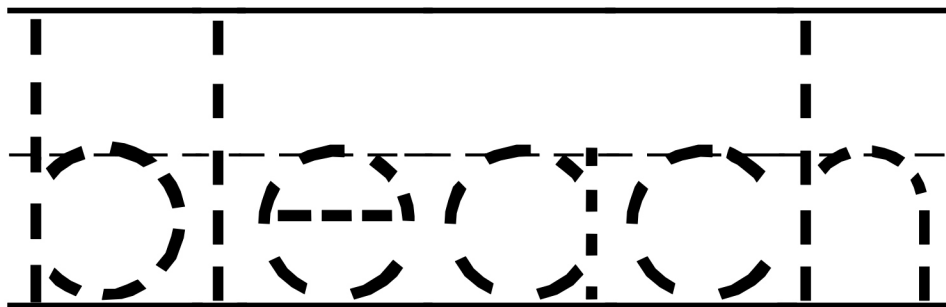
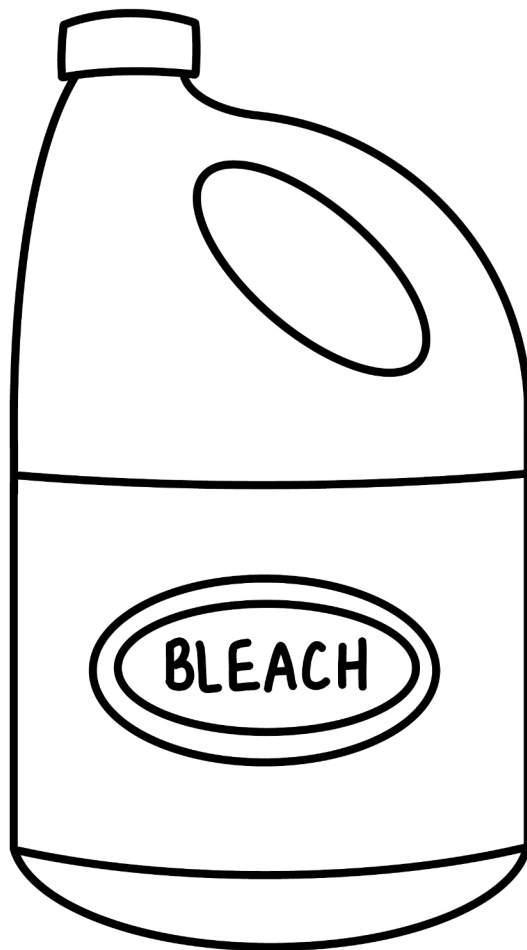
cover

your

cough

# bleach

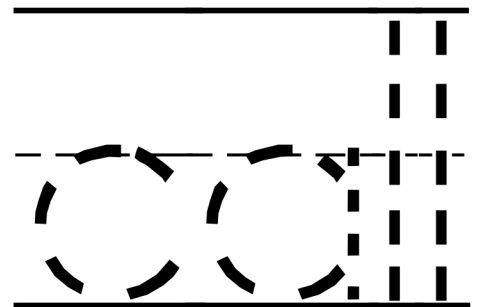
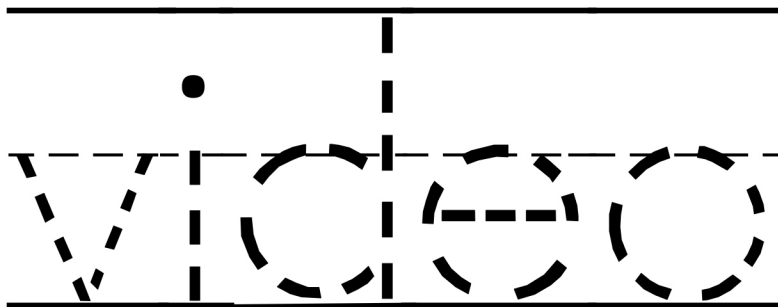
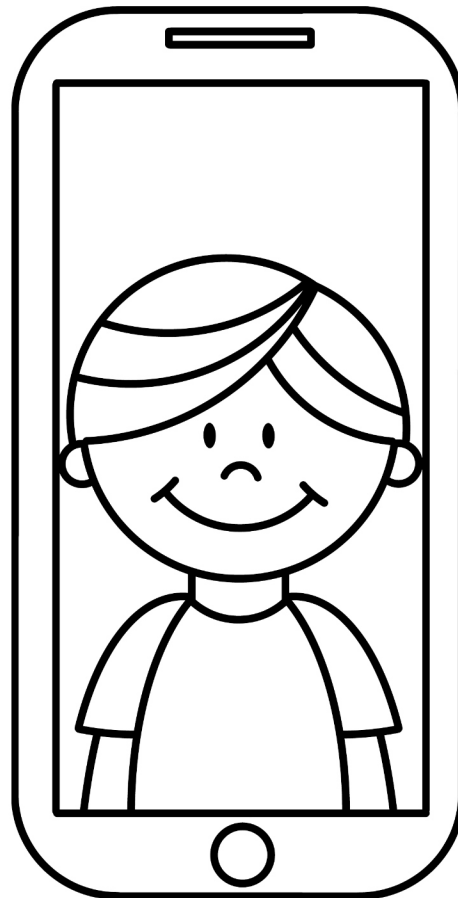
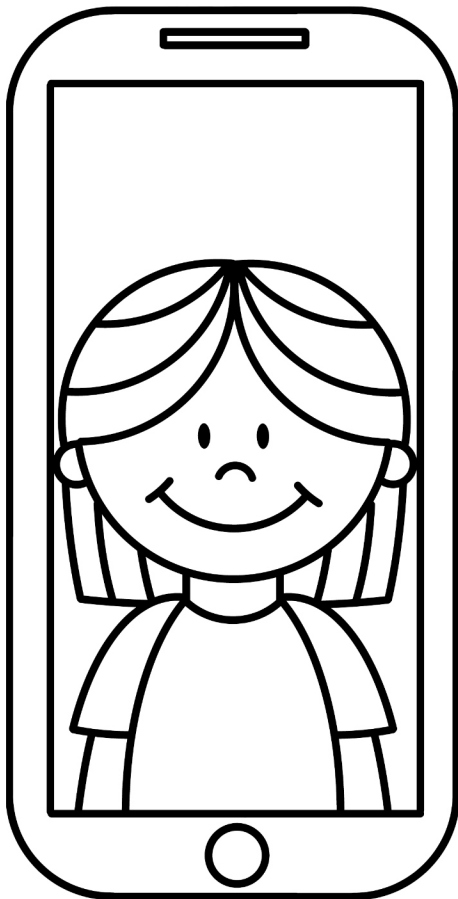
Bleach is a strong disinfectant. It is effective in killing bacteria, fungus and viruses.





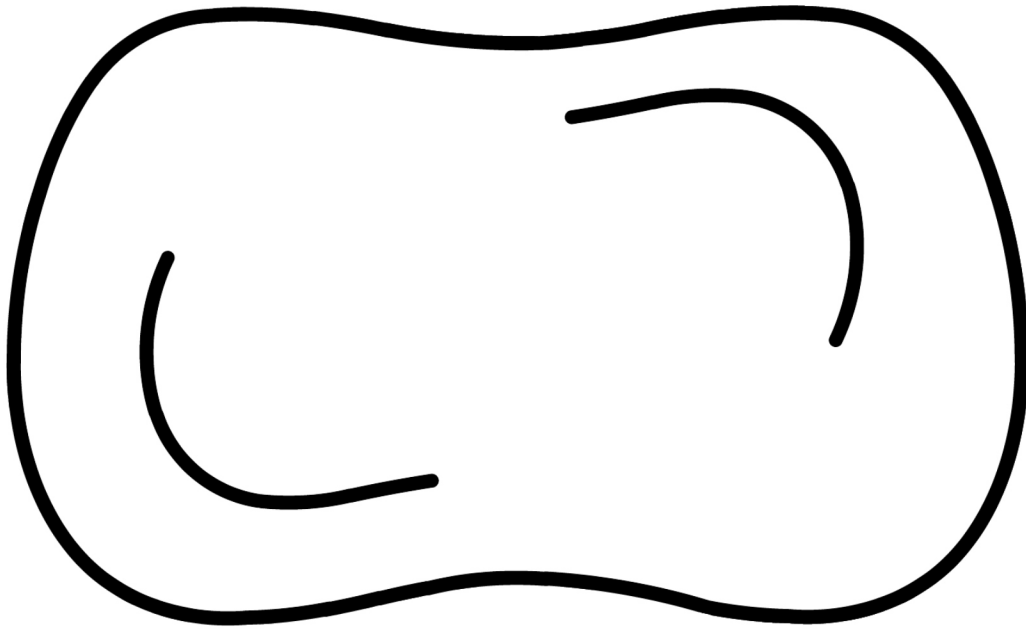
# video call

A video call is a phone call using an Internet connection. It uses video to transmit a live picture of the person making the call.



# soap

Hand soaps allow us to keep clean and remove dirt from our hands before eating. Soaps save lives by stopping the spread of harmful bacteria in dirt.



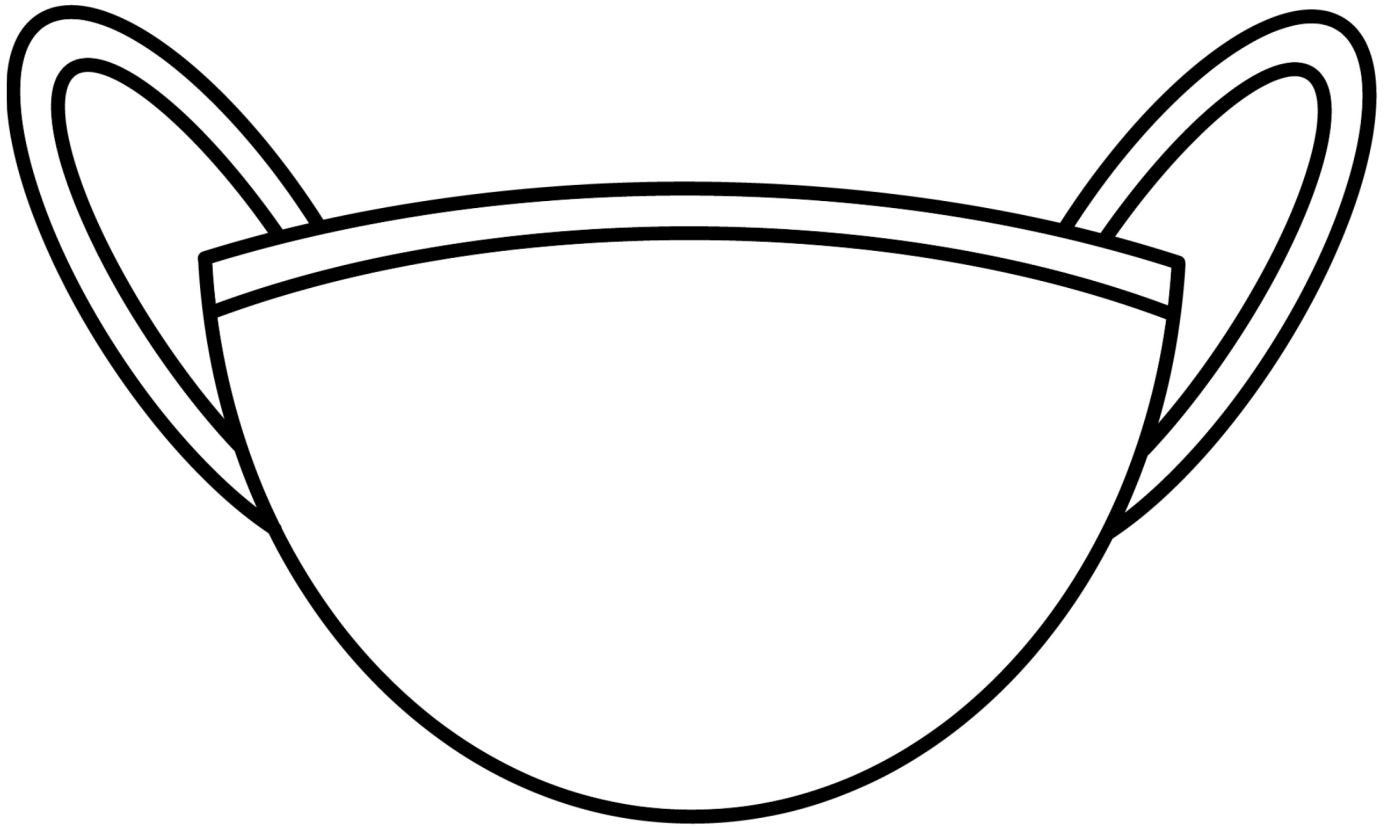
soap



# mask

A mask is an object normally worn on the face for protection.

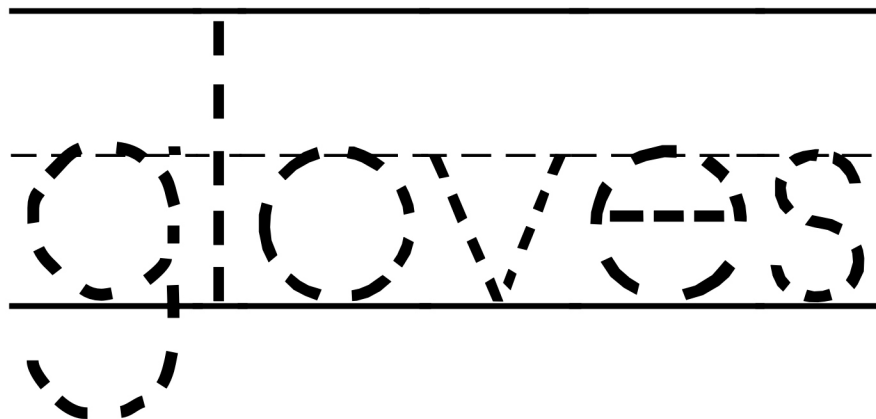
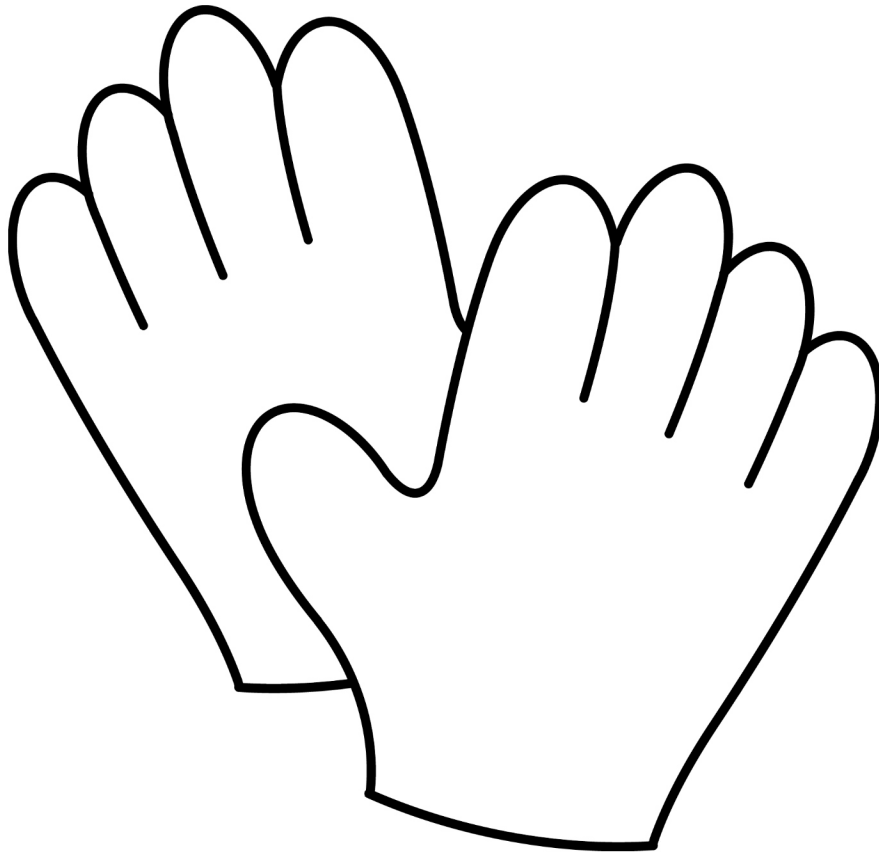
- \* If you are healthy, you only need to wear a mask if you are taking care of a person with suspected Coronavirus infection.
- \* You should wear a mask if you are coughing or sneezing.
- \* Masks are effective only when used in combination with frequent hand-cleaning with alcohol-based hand rub or soap and water.



mask

# gloves

Gloves protect and comfort hands against cold or heat, damage by friction, abrasion or chemicals, and disease; or to provide a guard for what a bare hand should not touch.



# vitamins

Vitamins are considered essential nutrients. They perform hundreds of roles in the body. They help support bones, heal wounds, and keep your immune system stronger.



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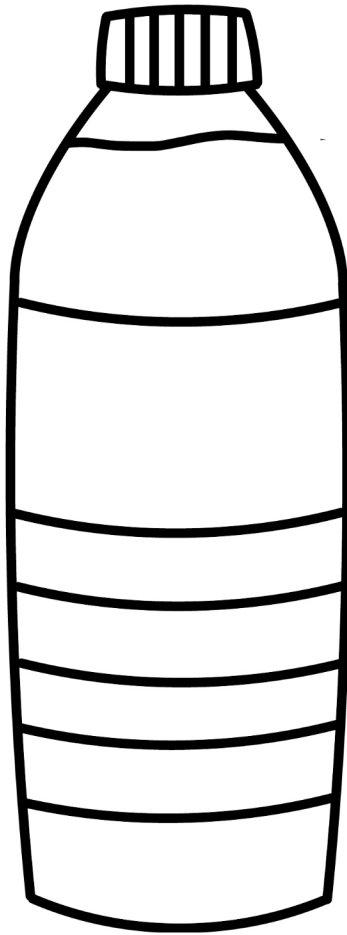
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vitamins

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# water

Water flushes out toxins and waste. It helps to regulate body temperature and carries nutrients to all cells in our body and oxygen to our brain.



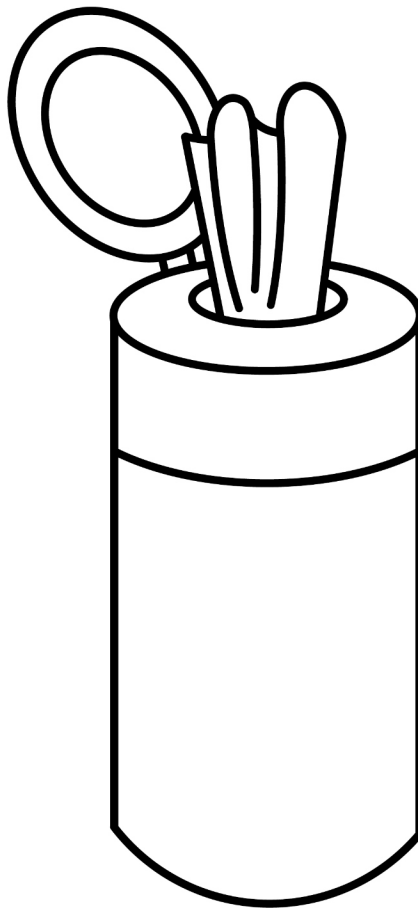
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water

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# wipes

Other than keeping you clean, wipes can be used to disinfect tabletops, doorknobs, even toilet seats.



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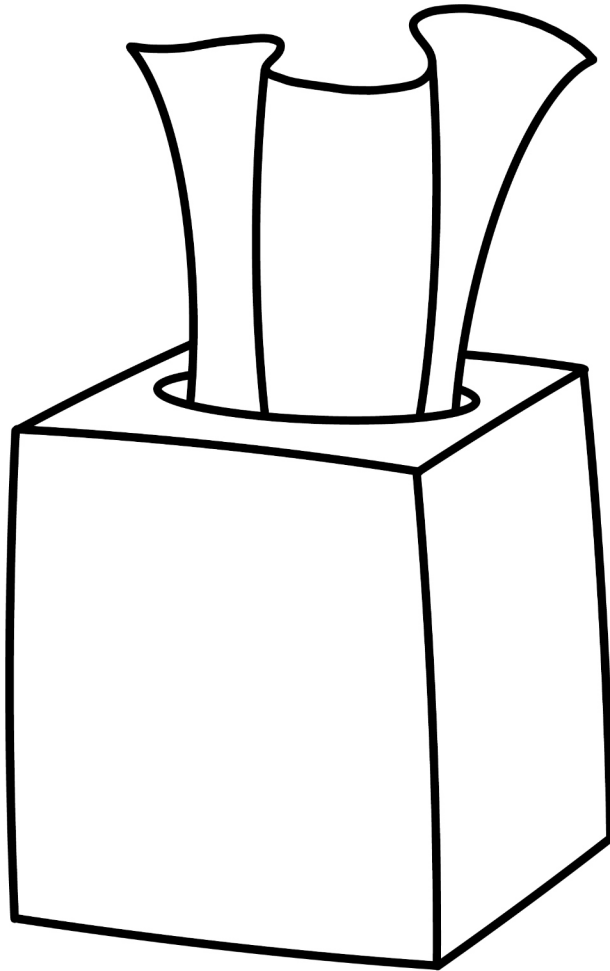
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wipes

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# tissues

- \* Cover your mouth and nose with a tissue when you cough or sneeze.
- \* Put your used tissue in a waste basket.
- \* If you don't have a tissue, cough or sneeze into your upper sleeve, not your hands.



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tissues

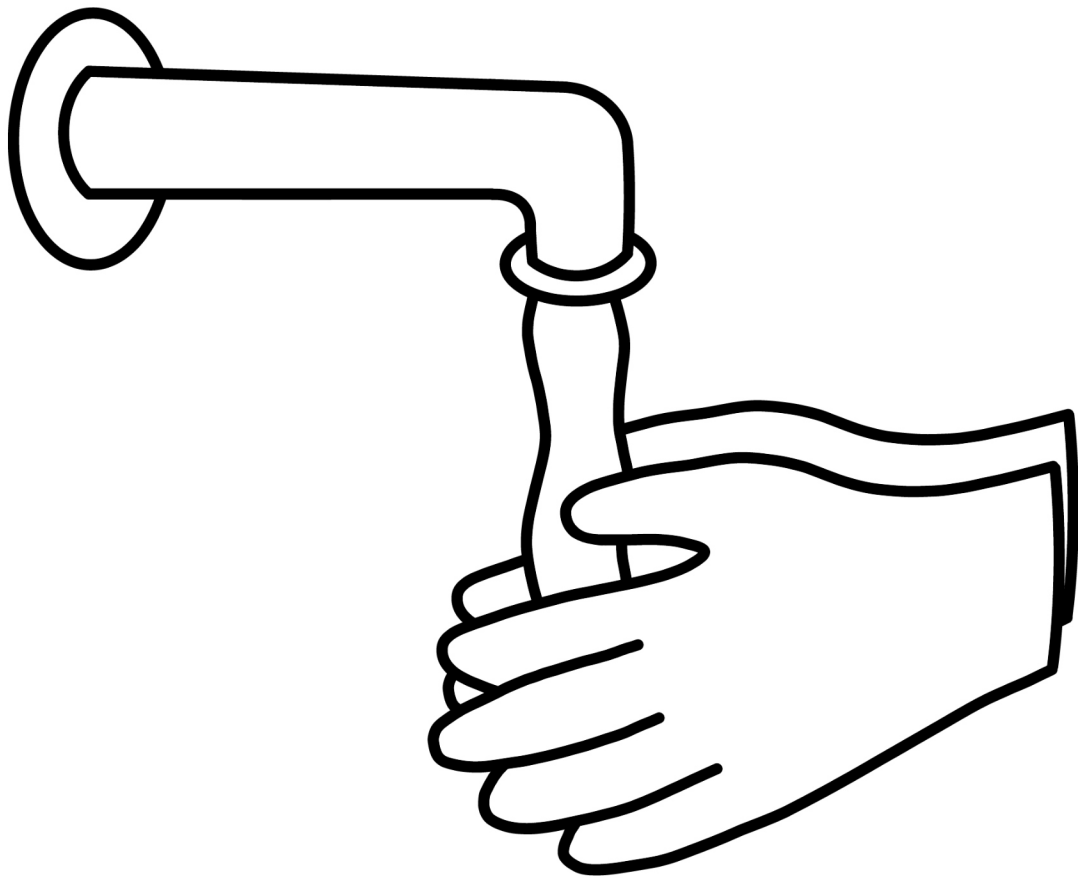
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# handwashing

Keeping hands clean is one of the most important steps we can take to avoid getting sick and spreading germs to others. Handwashing with soap removes germs from hands.

This helps prevent infections because people frequently touch their eyes, nose, and mouth without even realizing it.



handwashing

# Thank you for downloading!

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